



Villa Sumaya

Lake Atitlán

Tours and Activities 2026

A journey to Lake Atitlán is a soul-stirring adventure. Step into a land where the Mayan way of life endures among volcanic peaks and shimmering waters. Explore sacred trails, soak in the views, and rest your spirit in lush gardens and tranquil lounges.

Villa Sumaya is a natural sanctuary on Lake Atitlán where you can explore wisdom practices, unwind and relax away from the demands of typical daily life. Most off-site tours are priced for a 6-participant minimum and have a 48-hour cancellation policy. For smaller groups, the rates will be higher. Groups should book ceremonies, tours and activities in advance; personal retreat guests may set up activities upon arrival. We are happy to provide packed breakfasts or lunches upon request. Our on-site Harmony Spa offers services by gifted therapists. See list of offerings on the last page. Availability and modalities varies by season.



We also offer ceremonies, guided practices and wellness consultations.
See our Ceremony / Practice / Apothecary booklet for details.



San Juan La Laguna Tour

Take in the fine art of naturally-dyed and exquisitely handcrafted goods created by the talented Maya who inhabit this picturesque village. You'll have the opportunity to explore the weaving and art cooperatives this pueblo is known for. Visit a medicinal herb garden and a trendy leather shop. This excursion is an excellent shopping opportunity, as well as a chance to learn about the unique artisan crafts of San Juan.

6+ people: \$45 per person
Packed lunch

- Length of excursion: 4-5 hours
- Best time: 9:30-2:00
- Price includes private boat and guide

Tzununá Farm Tour & Waterfall Hike

Take an inspiring tour of two working permaculture farms in the Mayan village of Tzununá—Atitlán Organics and Duck Willow Farm—followed by a 30-minute hike along a sparkling stream to a refreshing waterfall. Take a brisk shower under the waterfall if you like. Be sure to bring your camera for all the photo ops!

6+ people: \$50 per person
Difficulty Level: Moderate
***This hike features uneven, rocky terrain and is not appropriate for guests with mobility concerns.*

- Length of excursion: 3-4 hours
- Best time: 9:30-12:30
- Includes private boat and guide
- Back to Villa Sumaya for lunch

Hikes Near Villa Sumaya

Take a 20-minute lakefront walk to the nearest village, Santa Cruz La Laguna. Follow the road another 20 minutes up the steep incline or take a tuktuk (Q10) into town and enjoy lunch with stunning views at Café Sabor, part of the culinary arts program of the Amigos de Santa Cruz (CECAP) non-profit project.

We have an illustrated map in the courtyard for local 30-minute, 45-minute and 1-hour walks. Jaibalito is the next pueblo over. Walk along the lakefront for 20 minutes past the Santa Cruz dock, cut up to the high path and walk another 30 minutes along the ridge into the center of Jaibalito. Check out Hans's coffee shop (Posada Jaibalito) for some local color. Return on foot or take a boat from the Jaibalito dock.



El Pico de Cielo Hike

El Pico de Cielo is 8,200 feet above sea level. Participants take a boat to Panajachel and then a pick-up truck to the trailhead for a 45-minute walk to the vista point. At the vista point, enjoy a packed-lunch picnic while gazing at a spectacular view of the Atitlán basin below. For a more rigorous hike, please inquire about starting from Santa Cruz La Laguna.

2 people: \$80 each
3-4 people: \$60 each
5+ people: \$55 each

Difficulty Level: Moderate

- Length of excursion: 5-6 hours
- Best time: 9:30-2:00
- Includes boat transport (private with 5+ people) and pick-up to trailhead
- Packed lunch

Indian Nose (Rostro Maya) Hike

Climb to one of Lake Atitlán's most stunning viewpoints on a 45-minute steep hike (950 ft elevation gain) from Santa Clara. Begin with an early boat ride and packed breakfast, then ascend with your guide to breathtaking panoramic views of the lake, surrounding villages, and distant volcanoes such as El Fuego. After soaking in the vistas, descend to meet your van and boat back to Villa Sumaya. Best suited for those in good physical condition.

- Option 1: Sunrise Hike, leaving at 3:30 a.m. - additional cost \$45 per group
- Option 2: Morning Hike, leaving at 6:00 a.m.
- Option 3: Extended Alternative Route, leaving at 6:00 a.m.

Standard Route: Scenic boat → van to Santa Clara → 45-min steep hike (950 ft gain) → summit views → descend → return to Villa Sumaya

- Length of excursion: 3-4 hours / Best time: 6:00 am-1:00 pm

Alternative (Extended) Route: Starting from San Juan, you're in for a challenging trek—a gain of about 760 m (2,500 ft) over a few kilometers. This is a solid full-day hike including ascent, summit time, and descent.

- Length of excursion: 6-8 hrs / Only available with 6 a.m. departure

2 people: \$95 each
3-4 people: \$75 each
5+ people: \$60 each

Sunrise Departure: Add \$45/group

- Includes boat transport (private with 5+ people), permits and professional guide
- Packed breakfast

*Difficulty Level: Moderately challenging



Kayak Paddle & Cliff Jump - Jaibalito

You'll begin from the Villa Sumaya dock and paddle for about 30 minutes to a special cliff-jumping spot (with jumps from 3-30 feet above the lake) and swimming area. If your group prefers to paddle only, you can skip the cliff jumping. Either kayak back to Villa Sumaya or kayak to the Adventure Center and take a 30-minute lakefront walk back to Villa Sumaya.

2-3 people: \$65 each

4 people: \$61 each

5 people: \$56 each

6+ people: \$50 each

- Length of excursion: 4 hours
- Flexible Departure Time: 8:30-10:00am
- Groups leaving at 8:30 am have a light 7:30am breakfast at Villa Sumaya

Kayak or SUP Paddle & Hike - San Marcos

For kayak or stand-up paddle board enthusiasts and hikers, this trip is a perfect way to spend a day. You'll begin from our dock and rigorously paddle to San Marcos (1 to 1.5 hours). Walk around the village and eat your packed lunch or dine at a local café. Either take a public boat back to our center or embark on a moderately challenging, 3-hour guided hike back to Villa Sumaya. (15 paddle boards maximum)

4-hour tour with boat back

2 people: \$88 each

3 people: \$77 each

4 people: \$72 each

5 people: \$64 each

6+ people: \$61 each

5-hour tour with hike back

2-3 people: \$78 each

4-5 people: \$63 each

6+ people: \$55 each

- Length of excursion: 4 hours
- Best time: 9:00am-2:00pm

Kayak & SUP rentals for free time paddling

Per day:

\$27 - single kayak or paddle board

\$20 - singles per day 2 or more

\$32 - double kayak

- Best time: 7:00-11:00 a.m.



Santiago Atitlán

The tour begins with a scenic boat ride across the lake to Santiago. Visit Maximon, the patron saint and mysterious Mayan spiritual figurehead of Santiago. See a variety of traditional paintings, beadwork and handcrafted woodwork as you visit the fascinating historic sites of Santiago. This tour offers a rare and fascinating insight into this proudly independent village and the life of the modern Maya.

6+ people: \$45 per person

- Price includes private boat and guide

- Length of excursion: 4-5 hours

- Best time: 9:30-2:00

- Option to bring a packed lunch

Chichicastenango Market

Visit a famous marketplace in the land of the Quiche Maya. After a quick boat ride to Panajachel, you'll hop in a private van and drive for an hour through the fertile countryside. In Chichi, browse for handicrafts, candles, flowers and incense to find a special keepsake.

Market day: Thursdays

6+ people:

- Tour with guide: \$60 per person
- Without guide: \$35 per person

- Length of excursion: 5-6 hours

- Best time: 8:30am-3:00pm

- Includes private boat & shuttle transport

- Option to bring a packed lunch

Gumarkaj Mayan Ruins (add on to Chichi Market trip)

For an extra \$15 per person, extend your market trip with a 2-hour visit to an ancient Mayan ruins and authentic ceremonial site. Complete with ball court, 3-4 meter high pyramids and sacred caves, local communities continue to use this site for ceremonial practices.

6+ people:

- With Mayan ruins: \$75 per person

- Length of excursion: 8-9 hours w/ Ruins

- Best time: 7:00-5:00

Birdwatching in Santa Cruz

Take a fascinating bird-watching tour on the trails of Santa Cruz la Laguna. November to April is the best bird-watching season. On good days, you might catch a glimpse of as many as 30 migrant and native bird species! Bring binoculars and a camera. A packed breakfast is available.

2 people: \$65 per person

3-4 people: \$60 per person

5+ people: \$55 per person

- Length of excursion: 3 hours

- Best time: 6:00-10:00 a.m.

- Option to bring a packed breakfast

Around the Center

Harmony Spa

Treat yourself to a revitalizing, therapeutic healing treatment. Healing sessions allow for profound relaxation and rejuvenation.

Please note: spa offerings vary by season.

Swedish massage
Deep Tissue
Reflexology
Ayurvedic massage
Reiki

Mayan Readings
Astrology Reading
Breath Work
Acupuncture
Egoscue

Spa Session Rates

1 hour - \$85
1.5 hours - \$115
2 hours - \$145

Private Classes

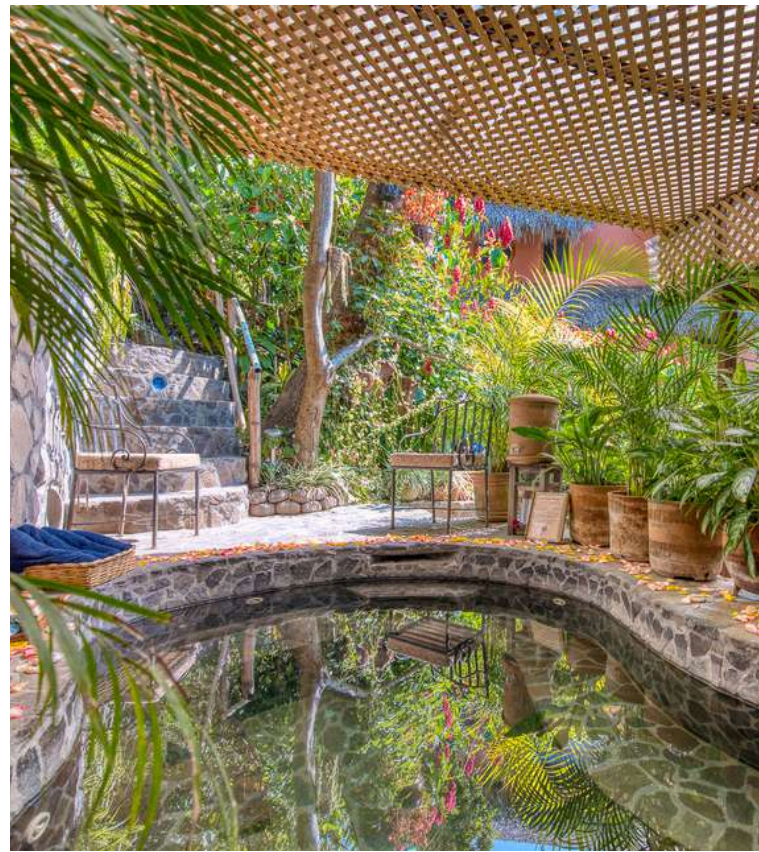
for 1-2 people:
Yoga & Meditation -
\$60/hour

Spanish Lessons

Learn and practice Spanish with a friendly and experienced teacher. Just bring a notebook and pen, and your teacher will provide the rest of the resources. Private one-on-one classes with 5-hour and 10-hour packages available.

Spirit Dog Boutique

Our shop offers an eclectic selection of locally made, artisanal handicrafts as well as EcoSumaya designs and Guatemalan treasures to take home as souvenirs.



Relaxation & Rejuvenation

Complimentary:

- We have 2 solar-heated Hot Tubs available for guest use (daytime, dependent on sun):
 - Jungle Lounge
 - Lakefront / Poolside
- Swimming Pool (lightly-chlorinated)
- Hammocks and lounge areas

Additional Cost:

- Electric Sauna (\$40, maximum 6 people, one-hour sweat)
- Sunset Fire (\$35, 5:30-6:30pm)

